



# Clinical Medical Assistant (CMA)

## curriculum

The medical assistant program at Medical Training Institute (MTI) is designed to prepare you to handle both clinical duties and responsibilities in a variety of healthcare settings such as a doctor's office or medical center. Clinical responsibilities include educating patients, performing diagnostic procedures, drawing blood, electrocardiography, scheduling appointments, and maintaining patient files

Units	Modules	Clinical Lab	Takeaways
<b>PART 1</b>  <b>Introduction to Medical Assisting</b>	<ul style="list-style-type: none"> <li>• Medical Assistant and Healthcare Team</li> <li>• Patient Records and Electronic Health Records</li> <li>• Anatomy and Medical Terminology</li> </ul>	<ul style="list-style-type: none"> <li>• Patient Records</li> <li>• Electronic Health Record</li> </ul>	<ul style="list-style-type: none"> <li>• Describe the role of the medical assistant as a patient navigator</li> <li>• Discuss the two types of patient records</li> <li>• Differentiate between scope of practice and standards of care for medical assistants</li> <li>• Explain who owns the health record</li> <li>• Describe the structural organization of the human body</li> <li>• Discuss backup systems for the EHR, in addition to the transfer, destruction, and retention of health records related to the HER</li> <li>• Discuss dictation and transcription.</li> <li>• Use the rules given to build and spell healthcare Terms</li> </ul>
<b>PART 2</b>  <b>Fundamentals of Clinical Medical Assisting</b>	<ul style="list-style-type: none"> <li>• Infectious Disease Process and Types of Infections:</li> <li>• OSHA Standards, and Sanitization, Asepsis,</li> <li>• Vital Signs</li> <li>• Physical Examination</li> <li>• Patient Coaching</li> <li>• Surgical Supplies and Instruments</li> <li>• Assisting with Surgical procedure</li> <li>• Principle of Electrocardiography</li> </ul>	<ul style="list-style-type: none"> <li>• Infectious Disease Process</li> <li>• Vital Signs</li> <li>• Physical Examination</li> <li>• Patient Coaching</li> <li>• Surgical Supplies and Instruments</li> <li>• Assisting With Surgical Procedures</li> <li>• Electrocardiography EKG</li> </ul>	<ul style="list-style-type: none"> <li>• Analyze the differences among acute, chronic, latent, and opportunistic infections</li> <li>• Apply the chain of infection process to the healthcare practice</li> <li>• Explain the major areas included in the OSHA Compliance Guidelines</li> <li>• Obtain and record an accurate patient temperature using three different types of thermometers</li> <li>• Identify the principles of body mechanics and demonstrate proper body mechanics</li> <li>• Use correct electrocardiography (ECG) terminology</li> <li>• Describe the medical assistant's role in a resting 12-lead ECG</li> <li>• Identify abnormal rhythms in an ECG tracing</li> </ul>
<b>PART 3</b>  <b>Assisting with Medications</b>	<ul style="list-style-type: none"> <li>• Principles of Pharmacology</li> <li>• Pharmacology Math</li> <li>• Medication and Routes of Administration</li> <li>• Assisting with Preparing and Administering Medication</li> </ul>	<ul style="list-style-type: none"> <li>• Medication and route of Administration</li> <li>• IV Drips</li> <li>• Injectable</li> <li>• TPN</li> </ul>	<ul style="list-style-type: none"> <li>• Discuss drug action, including the factors that influence drug action, the therapeutic effects of drugs, and adverse reactions to drugs</li> <li>• Describe the four types of drug names</li> <li>• Discuss types of medication orders</li> <li>• Discuss over-the-counter (OTC) medications and herbal supplements</li> <li>• Summarize the important parts of a drug label</li> <li>• Verify and discuss the rights of medication administration</li> <li>• Discuss the various forms of medication</li> <li>• Assisting with preparing and administer intradermal injections</li> <li>• Describe the MA's role in monitoring intravenous therapy</li> </ul>

**PART 4**  
**Assisting with Medical Specialties**

- Ophthalmology and Otolaryngology
- Dermatology
- Allergy and Infectious Disease
- Physiology and Anatomy and Disorders:
  - ▶ Gastrointestinal System
  - ▶ Musculoskeletal System
  - ▶ Nervous System
  - ▶ Urinary and Male Reproductive Systems:
    - ❖ Urinary and Male Reproductive:
      - Diseases and Diagnostic Procedures
    - ❖ Female Reproductive System:
      - Specimen Collection, Contraception, Procedures, and Pregnancy
- Pediatrics
- Geriatrics

- Assisting with Dermatology
- Assisting with Allergy and Infectious Disease

- Identify the anatomic structures of the eye, and discuss the process of vision
- Recognize burns and cold injuries to the skin
- Identify the etiology, signs and symptoms, diagnostic procedures, and treatment of HIV/AIDS.
- Discuss disorders of the accessory organs and explain how hepatitis A, B, C, D, and E are transmitted
- Identify CLIA-waived tests associated with common gastrointestinal disorders
- Identify the common signs and symptoms of musculoskeletal conditions
- Distinguish among common neurodegenerative diseases
- Summarize the patient coaching required for electroencephalography
- Differentiate between type 1 and type 2 diabetes Mellitus
- Describe the anatomy of the cardiovascular system
- Describe factors that influence blood pressure
- Describe childhood growth patterns
- Explain the changes in the anatomy and physiology aging.
- Differentiate among independent, assisted, and skilled nursing facilities

**PART 5**  
**Assisting with Clinical Laboratory Procedures**

- Introduction to the Clinical Laboratory
- Urinalysis
- Blood Collection
- Analysis of Blood
- Microbiology and Immunology
- Surgical Supplies and Instruments
- Assisting with Surgical procedure
- Principle of Electrocardiography

- Urinalysis
- Blood Collection
- Analysis of Blood
- Microbiology and Immunology

- Describe the divisions/departments of the clinical laboratory
- Describe the safe use of a centrifuge.
- Discuss the use of an incubator
- Prepare a urine specimen for microscopic evaluation, and understand the significance of casts, cells, crystals, and miscellaneous findings in the microscopy report
- Discuss the needles and supplies used in phlebotomy
- Name the main functions of blood
- Describe how to obtain a specimen for and perform a hemoglobin test
- Obtain a specimen, and perform the CLIA-waived mononucleosis test

**PART 6**  
**Job Seeking**

- Skills and Strategies
- Certification Exam Preparation
- Create a resume and cover letter.
- Interview Skills
- HESI Medical Assisting
- Medical Assistant Certification Exam preparation

- Practice interview skills during a mock interview
- Skills and Strategies
- Complete an online profile and job application

- Explain job search methods
- Create a resume and cover letter
- Evaluate business performance and potential using financial statements
- Create a thank-you note for an interview
- Describe personality traits important to employers
- Explain common human resource hiring requirements when starting a new job
- Medical Assistant Certification Exam preparation for:
  - ▶ American Association of Medical Assistants
  - ▶ American Medical Technologists (AMT)
  - ▶ Practice tests are formatted similarly to the NHA exam
  - ▶ HESI Medical Assisting Practice Test



